**ADAPTATION GUIDANCE TOOL**

When choosing an evidence-based intervention, you may have to make changes to increase the fit of the program with your community. Here is a tool to use to guide things that can and cannot be changed from the original intervention. Refer to the original developer(s) of the intervention as you make these adaptation decisions if possible.

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| **Adaptation Guidance** |
|  | **Red:** Elements that probably cannot be modified (core components of the program)* Change health topic/behavior addressed
* Add activities that contradict or detract from the original program goals
* Delete whole sections or major activities
* Reduce duration and dose
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|  | **Yellow:** Elements that can probably be changed with caution * Alter the length of program activities
* Change the order of sessions or sequence of activities
* Add activities to address other risk factors or behaviors
* Apply EBI to a different population
* Change delivery format/process/setting
* Modify who delivers the program
* Substitute activities and/or materials
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|  | **Green:** Elements that can probably be modified (minor adaptations to increase reach, receptivity, and participation)* Update and/or customize statistics and guidelines
* Customize program materials to fit the priority population such as changing names, pictures, wording, etc.
* Change ways to recruit and/or engage priority population
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