**Evidence Scavenger Hunt**

Finding evidence-based interventions (EBIs) using The Community Guide and Healthy People 2030

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***Part 1 Directions:*** *Go to the home page (*[*www.thecommunityguide.org*](http://www.thecommunityguide.org)*) to answer the following questions:*

1. Click the **topics** menu in the top ribbon of the site and select “physical activity”. Identify three interventions that the Community Guide recommends to increase physical activity and note whether they were recommended based on strong or sufficient evidence. Also note the date that they were last reviewed.

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| **Name of strategy** | **Label if it has strong or sufficient evidence** | **Date this strategy was last reviewed** |
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2. Why was the “Stand-Alone Mass Media Campaigns” intervention labeled as having insufficient evidence?

3. What considerations for implementation does the Community Guide give for “Individually-Adapted Health Behavior Change Programs”?

***Part 2 Directions:*** *The Evidence-Based Cancer Control Programs (EBCCP) is a “searchable database of evidence-based cancer control programs” for practitioners. On the site, you can see a list of evidence-based programs that can be filtered based on program area, population focus, delivery location, community types, age, sex, race/ethnicity, and material available. Go to this site to see the program listings:* [*https://ebccp.cancercontrol.cancer.gov/searchResults.do*](https://ebccp.cancercontrol.cancer.gov/searchResults.do)*.*

1. Click the plus next to the “program area” icon, scroll down and select “physical activity” from the list. Then expand the “delivery location” by clicking on the plus icon next to this heading. Under this heading, click “home”. Choose the “ALIVE!” program.
   1. Give a brief summary of this program:
   2. What community preventative services task force finding does this program use:
   3. How are the costs of this program structured:
   4. What was one of the key findings of the program:.
2. . Identify a different evidence-based resource form this site list that interests you (it does not have to be physical activity based) and click on the resource.
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   2. What community preventative services task force finding does this program use:
   3. How are the costs of this program structured:
   4. What was one of the key findings of the program:.