Information for Patients Seeking Vaccines

Vaccine Cost

You CANNOT be charged for a vaccine dose, nor can you be charged for an out-of-pocket cost related to the vaccine. Whether or not you have insurance, the vaccine is 100% free[1].
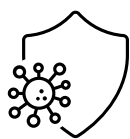
At your Vaccine Appointment

Up-to-date information on getting a COVID-19 vaccine can be found on the CDC website (https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect.html). The site talks about how to get a vaccine, and what to expect after getting a vaccine. The steps for getting a vaccine are[2]:

- If your appointment was made in advance, review confirmation before going to the vaccination site
- When inside the site, you and the person administering your vaccine need to be wearing masks that cover your nose and mouth, and stay 6 feet away from other people inside the site
- You should receive a paper or electronic version of a fact sheet that is specific to the brand of vaccine you are getting. This sheet will tell you more about the risks and benefits of the specific vaccine
- After getting the vaccine, you should be monitored by a healthcare provider for at least 15 minutes to make sure you do not have an allergic reaction to the vaccine
- Ask your vaccine provider about using V-safe
- You should receive a vaccination card saying which vaccine brand you got, when you got it, and where you went to get it

After Getting Vaccinated

There are common side effects that many people have after getting a COVID-19 vaccine. Side effects are normal, and indicate that your body is building protection. These side effects should go away within a few days. These include[3]:

- Pain, redness or swelling on arm
- Tiredness
- Headache
- Muscle pain
- Chills
- Fever
- Nausea

References:
1. Covid-19 vaccines are free to the public. Centers for Disease Control and Prevention. https://www.cdc.gov/coronavirus/2019-ncov/vaccines/no-cost.html. Published November 3, 2021. Accessed January 13, 2022.
2. Getting A covid-19 vaccine for yourself or Your child. Centers for Disease Control and Prevention. https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect.html. Accessed January 13, 2022.
3. Possible side effects after getting a COVID-19 vaccine. Centers for Disease Control and Prevention. https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html. Accessed January 13, 2022.

IOWA PUBLIC HEALTH ASSOCIATION
IOWA IMMUNIZES
IOWA PRC PREVENTION RESEARCH CENTERS